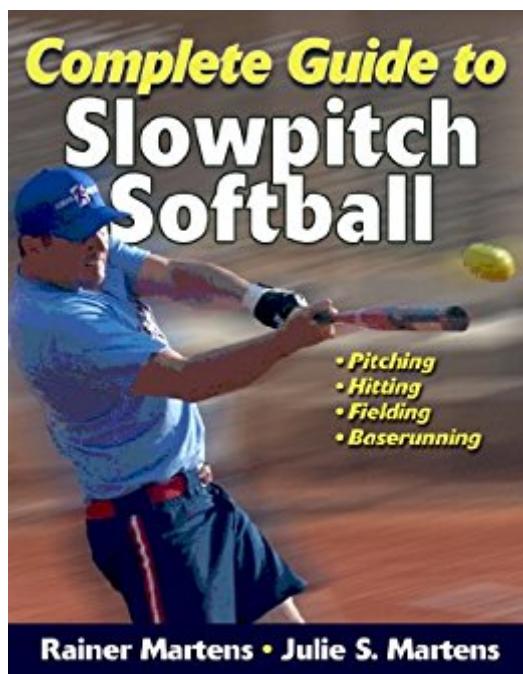


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# Complete Guide To Slowpitch Softball: [Kindle Edition With Audio/Video]



## **Synopsis**

HereÃ¢â„¢s the missing guide for slowpitch softball. ItÃ¢â„¢s not a fastpitch softball book adapted to slowpitch softball. ItÃ¢â„¢s a comprehensive and unique instructional guide to the unique sport of slowpitch. Senior softball Hall of Famer Rainer Martens and his wife, Julie Martens, put their wealth of expertise together in this special Kindle Edition with Audio/Video containing more than 62 video clips and 105 photos which make it ideal for use on the Kindle Fire. With Complete Guide to Slowpitch Softball (Enhanced Edition), you will learn basic to advanced offensive and defensive techniques. And the comprehensive coverage of slowpitch strategies and tactics, as well as expert advice on physical and psychological conditioning, will ensure you step out of the dugout confident and prepared.

## **Book Information**

File Size: 320419 KB

Print Length: 336 pages

Publication Date: October 15, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B008HS34D2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #444,868 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #21 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Softball #48 in Books > Sports & Outdoors > Softball #283 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Baseball

## **Customer Reviews**

Date 4/20/16. I am 67 and have had this book for a year. I played baseball in high school but no softball until a year ago when I joined a senior softball league. This book is fantastic. The basics are well covered, as well as more advanced information. I think that whether you are a beginner or an experienced player, you will get a lot out of this book and DVD. The authors really know their "stuff". I would be tempted to buy a copy for everyone on our team if I could afford it.

For a beginner in slowpitch softball like me, this guide has everything and even a little bit more I would ever need to know to better understand the game, throw and hit the ball, pitch, run the bases, use smart offensive and defensive tactics and strategies, and win. The lack of books about slowpitch softball makes this guide even more valuable.

I forgot I got this on my kindle and I left a review there. If you play softball you have to have this book. It answers all question and the dvd is awesome. If everyone on your team watches it they should all know what to do when it comes game time. Defense, hitting, running base and how to throw. They answer all your questions. Great book and dvd

Well the muscle has shifted a bit but I really wanted to again start playing softball. I had forgotten so much from when I was much younger that the game was more work than fun. This book is great to help you remember some of the things you have lost. It shortened my learning curve quite a bit and really made my practice sessions better and more productive. I am certainly enjoying the game once more and feel myself getting into shape again.

I am coaching an adult Co-Ed Softball Team for a group of co-workers for the first time and have very little experience with softball. Even though the goal is just to have fun, I needed a resource to help my team be a little more competitive and this was exactly what I was looking for. The video is outstanding and the book expands a little more on all the concepts in the video. Great Buy!

I've played ball for 35 years and still found this a good read. It's more technical and at times will bore you because you feel like you know it all. If you're making the transition from fast pitch baseball or softball to slow pitch I'd recommend it. It gets back to basics experienced players often overlook. Mine came with a DVD which was fun to watch. It's practical and realistic.

great book with dvd!

The book augmented by the DVD is very comprehensive. It covers all aspects of the game from hitting, pitching, fielding, offensive and defensive strategies, conducting a practice, injuries, etc.. The DVD helps to illustrate the key areas. As a senior player, I am very satisfied with it.

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